

Phrases to encourage growth mindset:

Can you tell me about it?

What else can you show me?

How did you do it?

How do you feel about it?

You put a lot of effort into that.

I can see you put a lot of effort into...

How many ways did you try it before it turned out the way you wanted?

Are you pleased with what you did?

That looks like you tried hard to...

What questions did you ask to help you get the end result?

You haven't quite mastered it YET.

What could you do next?

Ways to promote Growth Mindset at home



Grow your child's mindset by asking/saying:

What did you enjoy today?

This is hard but fun. What could we do next?

You can grow your intelligence.

You can keep stretching yourself and mastering new things.

Keep trying and you'll get there!

Putting effort in leads to success.

Learning isn't meant to be easy. It should challenge us.

Useful information:

- <http://www.bbc.co.uk/cbeebies/grownups/help-your-child-try-new-things>
- <https://www.mindsetkit.org/>
- <http://calserves.org/resources/calprep/additional-calprep-resources/growth-mindset/>
- <https://ideas.classdojo.com/b/growth-mindset>
- Search *Carol Dweck* for more information on Growth Mindset:
 - <https://www.ted.com/talks/carol-dweck-the-power-of-believing-that-you-can-improve>



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