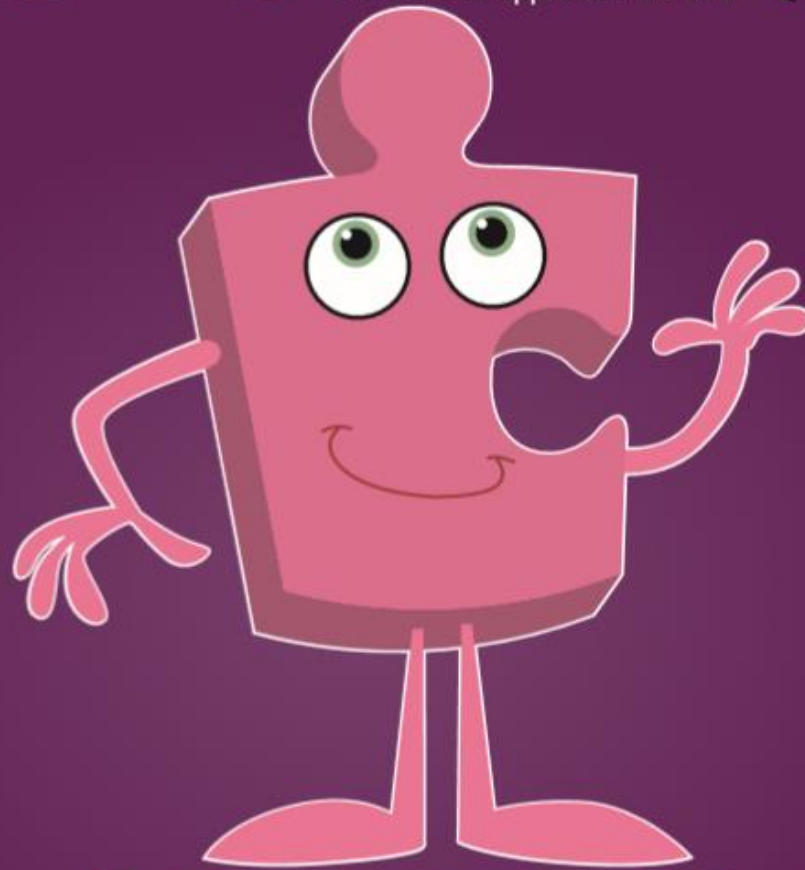


Jigsaw!

The mindful approach to PSHE



Relationships - Ages 6-7

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Relationships

Fallen Out PowerPoint Slide 1 - Ages 6-7 - Piece 3

The central graphic is a 2x2 grid of four photographs, each with a thought bubble to its left or right. At the top center of the grid is a small 'Jigsaw' logo. The top-left photo shows a man in a white shirt and tie sitting on a blue bench with two children, one of whom is being held. The top-right photo shows two girls sitting at a wooden table with a drink, looking thoughtful. The bottom-left photo shows two girls standing in a grassy field, one holding a small object. The bottom-right photo shows a boy and a girl sitting on a bed, looking at each other. Each photo is accompanied by a large, empty thought bubble with three smaller circles leading to it, intended for students to write their thoughts.

Mending Friendships

	<p>Stop</p> <p>Think about how you're feeling. Angry? Upset? Disappointed? Let down?</p> <p>Try to calm these feelings so you can think about what's gone wrong.</p>
	<p>Get Ready</p> <p>Look at each other's point of view.</p> <p>Listen to how the other person sees it.</p> <p>Talk calmly about how you see it.</p> <p>Work out what's gone wrong.</p>
	<p>Mend The Friendship</p> <p>Say sorry if you need to (even if it's hard).</p> <p>Agree how to put it right.</p> <p>Do something fun together.</p> <p>Have a special 'make friends' sign, gesture or phrase (touch little fingers, say "make friends, make friends...").</p>

Mending Friendships

A reason why friends might fall out is...



Stop

You could say...



Get Ready

You could say...



Mend The Friendship

You could say...