

15 DAYS OF CREATIVITY

Day 1

RAINBOWTASTIC!

Cut coloured paper/card into strips, each colour getting a little longer. Then attach at both ends. Stick cotton wool balls to both ends. If you don't have coloured card, use pens/pencils/paints/crayons to colour your card or paper before cutting.



Day 2

HOMEMADE BATH PAINT!

Grab a cupcake pan. Fill each circle with shaving cream. Put a few drops of food colouring on top of the shaving cream mounds. Mix the shaving cream and food colouring together.

Make sure you clean the bath straight after!



Day 3

NATURE TREE!

Draw a trunk and some branches to your tree. Now it's time for a nature walk. Take a tub or bag with you to collect fallen leaves and flowers; anything that catches your eye. Then arrange at the top of your drawn tree to create the leaves and blossoms.



Day 4

SPONGE BUTTERFLIES!

Tie some string or attach a hair bobble to the middle of a rectangular sponge. Dab some paint around the edges and a different colour in the middle. Do the same on both sides. Turn and press onto paper to create a butterfly shape. Add the body with pen.



Day 5

MUSICAL WATER!

Start by filling 4 glasses with different amounts of water. Then add different food colourings to each. What sounds can you make if you use metal spoons on the sides, top, bottom, or inside the glass? Does the sound change if you use a wooden spoon?

Explore or even make up your own musical pattern.



Day 6

GROW a RAINBOW!

Fold a piece of paper towel so you have two pieces on top of each other. Trim to 20 cm. Draw rectangles of the rainbow colours on each end. Fill 2 cups of water $\frac{3}{4}$ full, then place the paper towel into the cups, with one end in each. Don't put too much of the towel into the water. Watch the rainbow grow!



Day 7

ROCK ON!

Grab a rock or stone when you are out for a walk. Chose an animal, bug, pattern, or message you want to paint.

Maybe even do a few designs first on paper. Paint your rock using acrylic or vibrant paint. Do a few layers. If you

Day 8

HOMEMADE BIRD FEEDER!

You will need:

Bird seed or sunflower seeds/peanuts/cracked corn to mix, raisins, suet or lard, an apple, a long nail, and string.

In a bowl cut the lard up (or suet) and add the other ingredients. Mix with your fingertips and keep squidding it until the fat

Day 9

PICASSO YOU COLLAGE!

Have a look at yourself in the mirror. Your face is made up of so many weird and wonderful shapes. Using coloured paper or white paper that you have coloured, start by cutting out a large shape for your head. Then begin to draw and cut out shapes for your facial features and hair. Picasso paintings are

want to add words or details, use sharpies. Once dry, coat with PVA glue to seal. Either keep them for yourself or leave them outside for someone else to find.



holds it all together. Half your apple and remove the centre, creating a hole. Now push the nail through the back of the apple. Squish some of your seed mixture into the hole. Attach some string to the nail and hang in your garden.



wild and wacky so don't worry if the shape isn't exactly the same. Now start to layer them onto your cut-out face shape. The more colour the better!



Day 10

VOLCANO ORANGES!

You will need:

An orange, knife, spoon, bowl, bicarbonate of soda, vinegar, food colouring and a measuring glass.

First, slice the top of the orange and scoop the inside out. Place orange in a bowl and put a tsp of bicarbonate of soda inside. Pour around 300ml of vinegar into a jug and a few drops of food colouring (you may need to adjust the amount to the size of your orange). Finally, pour the coloured vinegar into the orange and watch as it bubbles over!



Day 11

NATURE PRINTS!

Go on a nature hunt for different shaped leaves, grasses, and flowers. Pour some paint onto a plate and dip them in! Lightly place them onto some paper and lift away. What patterns and shapes can you create?



Day 12

Make it Rain!

You will need:

A plastic bottle or kitchen roll tube, paper, tape, and a filling of your choice. You can either use an old plastic bottle or a kitchen roll tube. If you choose a kitchen roll tube, you will need to cut some paper and seal one end shut (make sure there are no gaps). Then you can add dry materials such as sticks, pasta, rice, seeds, lentils, anything that will shake and rattle. Then seal the other end too. You can decorate your bottle or tube also. What happens to the sound if you use different materials? Have fun!



Day 13

LET'S SCRIBBLE!

Grab a piece of paper and move your pen or pencil around the page, making sure you overlap some lines. Don't go too crazy with your scribble as we want large spaces between the lines to colour. Next use a range of coloured pens, pencils, crayons or even paint to colour the new shapes in between the lines.

You are now a contemporary artist!

Day 14

WATCH IT GROW!

You will need:

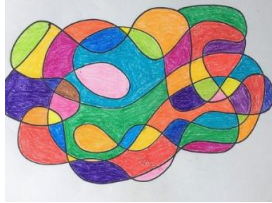
About an inch off the top of a carrot, a shallow dish and water. First chop the top off a carrot and place it in a shallow dish. Then add enough water to cover the base of the base of the carrot stump. Place the dish in an area that has plenty of sunlight. Now it is time to be patient! Monitor your carrot tops daily and top up water when needed.

Watch as they begin to grow!

Day 15

RANDOM ACTS OF KINDNESS!

Send a friend or family member a picture you have drawn.
 Bake a cake for a neighbour or friend.
 Write down something that made you happy today.
 Help your family around the house.
 Write inspirational notes and hang them on trees for people to find.
 Leave a thank you note for your bin man or post man.



What would happen if you didn't put the carrot top somewhere with sunlight or didn't top up the water?



Tell someone why they are special to you.

Plant something.

Do a chore without someone knowing.
Write a thank you note to Key Workers.

Send letters or pictures to a local nursing home.

Set the table for dinner.

Tell someone you love them

Give someone in your house a hug!

**DON'T FORGET TO
SMILE!**