



**Secure Attachments – Robust Learners- Building Futures**

## **Your Space Therapies are pleased to present an online Therapeutic Parenting Course.**

We are a counselling and play therapy service that work holistically with schools, parents and professionals supporting vulnerable children. We help children and their communities to have good mental health, resilience to learn and be the best they can be.

### **Boosting the Bond** - *For the BEST relationship with your child*



**Course dates:**

**Thursday 9<sup>th</sup> July 2020, 6-8pm**

**Tuesday 3<sup>rd</sup> November 2020, 6-8pm**

**Tuesday 2<sup>nd</sup> February 2021, 6-8pm**

**Training online via Zoom (details to follow on booking)**

***Ticket price: £20***

**To book your place, please email:  
[bookings@yourspacetherapies.org](mailto:bookings@yourspacetherapies.org)**

Your Space Therapies are offering a unique and down-to-earth course for parents and carers providing practical ways to have the best relationship with their children. The course will offer an overview of children's emotional brain development and offers practical strategies and theraplay games to develop strong emotional bonds and help parents therapeutically manage children's anxiety or challenging behaviours. Strategies will be tailored to think about particular responses that are needed during COVID-19 and lockdown.

*93% of parents or carers who have attended this course rated in 'Excellent'*

**About the trainer:** Emma Connor is a Child Psychotherapist, MA, UKCP, Director, Consultant and Trainer for Your Space Therapies. Emma is a senior lecturer at the Institute for Arts and Therapy in Education as well as working in various schools providing therapy for children and therapeutic support for families.

**For more information regarding Your Space Therapies counselling services, consultancy and training please visit: [www.yourspacetherapies.org](http://www.yourspacetherapies.org)**