

Hassocks Infant School
Weekly information for Parents and Carers
Weekly Overview HEALTHY BODY HEALTHY MIND WEEK

Year group: 1

Date w/b 15.3.21

Area of learning	What we will be learning	
Communication, Language and Literacy	We will be discussing how we can keep ourselves healthy and working collaboratively to create informative videos. We will be designing healthy jellies and then writing recipes.	Phonics focus: We will be practising reading and writing green words, as well as identifying alien words.
Handwriting	We are learning to: Practise writing capital letters. We will be continuing to develop our year 1 handwriting, using lead ins and lead outs.	
Mathematical Development	We are learning to: Measure capacity and volume. We will be continuing to practise our counting skills to 50. *to support your children at home, please practise counting forwards and backwards to 50.	
Personal, Social, and Emotional Development.	This week is Healthy Body, Healthy Mind week. <ul style="list-style-type: none"> - We will be exploring what it means to keep our minds healthy by tracking our feelings and sharing things that make us feel grateful. - We will be having daily mindful moments to understand the benefits of meditation. 	
Physical Development	We are learning to: <ul style="list-style-type: none"> - We will be exploring indoor athletics. - We will begin each morning with an exercise class on zoom, lead by local exercise class leaders. These will include; Zumba, Fitness and Karate. 	
Red Nose Day	To celebrate Red Nose day this year: <ul style="list-style-type: none"> - We will be designing red noses and we will look at the history of red nose day 	
Any Other Information	Please send your child to school in PE kit every day. On Friday, for Red Nose Day, they can wear any kind of sports wear they like eg. ballet clothes, football kit. Reading books will only be changed twice a week due to Covid restrictions. This will be Tuesday and Friday. Please record any comments on Tapestry. We are learning about pirates this half term. This week our star challenges are: <ul style="list-style-type: none"> • English- to create a healthy meal plate. I can label my drawing • Maths- I can find the number bonds to 10. • Creative – I can build a boat using junk modeling • Phonics- I can sort real and fake words 	

Please note this is a basic overview of the planning for this week. For more details, see the planning on the class notice boards, class timetables and visual timetables. It is impossible to cover in this outline all the learning that takes place during a week! We also believe in listening to your children and responding to the children's interests and ideas therefore all our planning is **very** flexible. Please note some of the learning will take place across more than one week and during some weeks, the learning focus may not cover all curriculum areas.