

# ALWAYS TWIRL YOUR SPAGHETTI

Manners for everyone

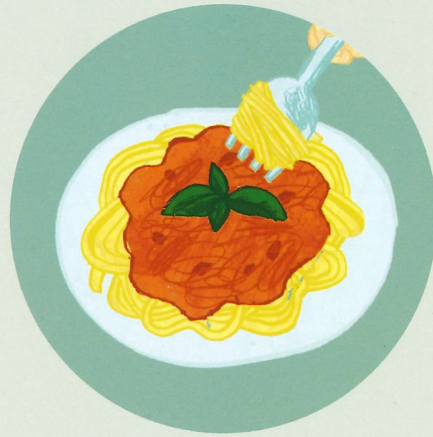
There are lots of different ways to be polite around the world.



If you are in Thailand, don't touch somebody's head, unless you know them very well. Otherwise it's disrespectful.



If you are in a country in the Far East, don't leave your chopsticks sticking up in a bowl of rice. It's unlucky.



If you are in Italy, don't cut up your spaghetti. That's bad manners. Twirl it round a fork to eat it instead.



In India, parts of Africa and the Middle East, it's rude to eat food with your left hand.



If you are in Egypt, don't sprinkle salt on food you are given. It's an insult to the person who made you the food.



THAT'S RUDE



In Ethiopia, people eat with their hands and they sometimes feed each other. They give each other a *gursha* (a mouthful). It's an honour to get a *gursha* and you should give one back.



If you are eating in a restaurant, don't leave a few leftovers on the plate when you have finished. It shows the host has given you more than you need.



If someone older than you comes to visit in India, put your palms together and bow down. They will be pleased that you are showing them respect.



Slurp when you are eating noodles in Japan. It shows how delicious the food is.



THAT'S POLITE





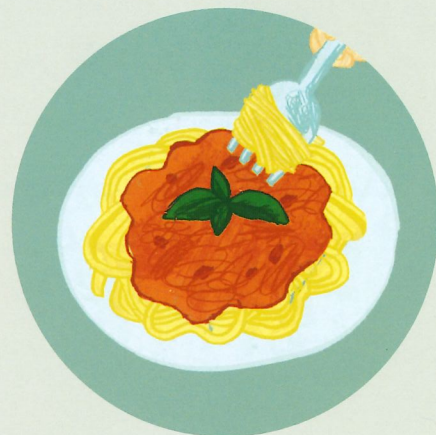
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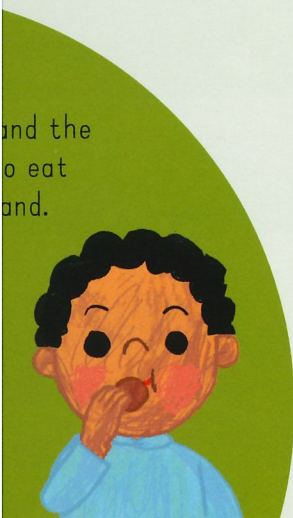
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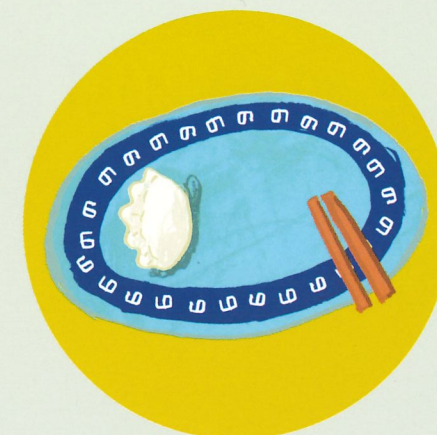
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If you are eating in China, leave a few leftovers on the plate when you have finished. It shows that your host has given you plenty of food.

It's a good idea to ask people to tell you the rules of politeness in their country. That way you won't be rude by mistake.



If you drop some bread on the floor in Afghanistan, you can pick it up, kiss it, place it to your forehead and put it back on your plate. It shows respect for your food.